



North Vancouver Cruisers and Vancouver Super Sharks HOOTENANNY INVITATIONAL SWIM MEET

LOCATION: Watermania

14300 Entertainment Blvd Richmond, BC, 604-448-5353

WHEN: Saturday, July 8, 2023, 8:00 am

Sunday, July 9, 2023, 8:00 am

CONTACT: hootenanny@cruisersaguatics.com

PARKING: Please do not park in the parking lots of the Air Park and Laser Tag

otherwise, all other spots are available.

SETUP: 8 lanes – 25m competition pool, single ended. Electronic Timing.

4 lanes – 25m shallow warm-up/warm-down pool.

The Hootenanny is a multi-discipline event for all four BCSSA aquatics sports: speed swimming, diving, water polo and artistic swimming. The Hootenanny Invitational Swim Meet is the speed swimming component of the event and historically brings clubs and athletes together from around the province for a weekend of fast racing leading up to Regionals and Provincials. We, Cruisers Aquatics and Vancouver Super Sharks, are excited to host this big event as we return to Watermania in Richmond. We look forward to seeing everyone there!

SAFE SPORT STATEMENT

All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both "open" and "observable" to others.

AMENITIES

- Free online heat sheets (Meet Mobile)
- Subway & Coffee shop
- Old Spaghetti Factory
- Movie Theatre and Bowling Lanes
- Holiday Inn 2 min walk from the pool
- Food Trucks TBA

AWARDS

- 6&U Participation Ribbons
- Div S1-S7 Ribbons 1st to 8th Place
- OCat O1-O8 Ribbons 1st to 3rd Place
- All Relays Medals 1st to 3rd Place
- Podium for relay team photos with medals after race.

LAND ACKNOWLEDGMENT:

We acknowledge that the land where the Richmond Neighborhood is located rests on the traditional village sites of the Multnomah, Kathlamet, Clackamas, Tualatin, Kalapuya, Molalla, bands of the Chinook, and many other Tribes who made their homes along the Columbia River.

MEET MANAGEMENT TEAM

 MEET ENTRIES:
 George Kuan
 georgek.meetentries@gmail.com

 MEET MANAGERS:
 Joyce Mark
 meetmanagers2023@gmail.com

 Ian MacKinnon
 meetmanagers2023@gmail.com

Kim Bernard hootenanny@cruisersaquatics.com
George Hill george.hill@cruisersaquatics.com

MEET REFEREES: Brenda McKnight lan Young

NVC HEAD COACH:

an Young ANNOUNCERS:

ELECTRONICS: George Eng Brent Cote Isabel Eng Ken Medoro O CANADA: Various Swimmers Craig Kalnin

MEET SCHEDULE

Times listed for Sessions 2 and Session 4 are estimates and will be updated after the entry deadline and the session timeline reports are available. This information, along with the lane assignments for the blocked warm ups, will be provided in the Technical Bulletin and will be sent out by email to attending clubs a few days prior to the event.

Saturday July 8 th 2023						
Session 1	Juniors (6&U, Div 1-3, O1)	Warm Up Block A:	6:30-7:00am			
	25 Free / 100 IM / 25 Dolphin Kick	Warm Up Block B:	7:00-7:25am			
	50 Free / 25 Fly / 50 Fly	Open Warm Up (Dives L1-4):	7:25-7:35am			
	Medley Relays	Official Meeting:	7:20-7:30am			
		Coaches Meeting:	7:30-7:40am			
		Cheers / O-Canada:	7:40-7:50am			
		Marshalling Opens:	7:50am			
		Races Start:	8:00am			
Session 2	Seniors (Div 4-7, O2, O8)	Open Warm Up #1:	est. 1:00-1:25pm			
	Medley Relays / 200 IM	Open Warm Up #2:	est. 1:25-1:50pm			
	50 Free / 50 Fly / 200 Free	Cheers:	est. 1:50-2:00pm			
	Self Marshalling	Races Start:	est. 2:00pm			

Sunday July 9 th 2023					
Session 3	Juniors (6&U, Div 1-3, O1) 25 Back / 50 Back 50 Breast / 100 Free Mixed Free Relays	Warm Up Block B: Warm Up Block A: Open Warm Up (Dives L1-4): Cheers: Marshalling Opens: Races Start:	6:30-7:00am 7:00-7:25am 7:25-7:35am 7:40-7:50am 7:50am 8:00am		
Session 4	Seniors (Div 4-7, O2, O8) Mixed Free Relays / 100 Fly 100 Back / 100 Breast / 100 Free Self Marshalling	Open Warm Up #1: Open Warm Up #2: Cheers: Races Start:	est. 1:00-1:25pm est. 1:25-1:50pm est. 1:50-2:00pm est. 2:00pm		

MEET INFORMATION

RULES:

- 2023 BCSSA rules governing swim meets will apply at this meet.
- Colorado backstroke ledges will be available. (video on how to use)

WARM UPS (25m Competition Pool):

- Warm Up times in the Competition Pool for Junior Sessions will be blocked, and Senior open.
- The Technical Bulletin will contain the lane assignments for warm ups and the updated start times for Session 2 & 4. The Bulletin will be sent out by email to attending clubs a few days prior to the event by the meet managers.
- For all warm ups (open & blocked) all lanes will open for dives in the last 5min.
- During the open warm up for Junior Sessions from 7:25-7:35am, lanes 1-4 will remain open for dives (one way swimming). Lanes 5-8 will be open for swimming only.
- Coaches, please remind swimmers to enter the water feet first during warm ups.
- During blocked warm ups a lane may be opened early for diving with approval from a safety marshal once the lane is clear. Swimmers are permitted to use the bulkhead to exit the water.

25m Shallow Pool:

• The Shallow Pool will have Lanes 1-4 available on Saturday starting at 6:30am until the end of racing for open warm ups by any club. On Sunday 8 lanes will be available until 10am and then 4 lanes afterwards. Swimmers in Div 2 and younger must be supervised by a coach when swimming a cool down. Spectating by swimmers from the pool is not permitted.

INDIVIDUAL EVENTS: TIMED FINALS

All swimmers will be seeded according to their entry time submitted. O Cat swimmers may swim with 'S' swimmers in situations when their respective events are combined in the same heat. This meet consists of Junior events (Div 1 - 3 for "S" swimmers & O Cat 01) in the morning and Senior swimmers (Div 4 - 7 for "S" swimmers & O Cat 02, O Cat 08) in the afternoon session. Swimmers can enter up to 6 individual events but coaches must ensure there is at least 20 minutes break between events for the same swimmer. The 200 Freestyle event will be super-seeded with S4-O8 swimmers combined for time efficiency. All 6&U events will be mixed gender events. Please note, event 110 is 25 Dolphin Kick, rather than 25 Fly. Kickboards are permitted for 25m events but not required.

RELAYS: TIMED FINALS

Relays are available for all divisions including O Cat swimmers. Swimmers can swim up to complete a team. Junior relays will follow immediately after Junior individual events. Senior relays will run prior to their individual events. Swimmers can enter maximum of 1 Medley Relay and 1 Free Relay.

- 200 Medley Relay 4 girls
- 200 Medley Relay 4 boys
- 200 Free Relay (Mixed) 2 girls + 2 boys

MARSHALLING:

- Sessions 1 & 3 (Div 1 3 & O Cat 01, including relays): Report to the Clerk of the Course in the Marshalling area.
- Session 2 & 4 (Div 4 8 & O Cat 02 & O Cat 08, including relays): Self Marshalling. Athletes will be required to report directly to their assigned lane prior to their race.

OFFICIALS & TIMERS:

- Each club is expected to provide volunteers for timers, recorders and deck officials.
- A Google Doc will be emailed a week prior to the meet to each club for volunteers to sign up.
- Volunteers will be provided snacks and drinks.

FEES:

Individual events: \$10 per eventRelays: \$16 per event

• Deck entries: \$10 + \$10 surcharge (= \$20 total) if space is available.

- Make cheques payable to: NORTH VANCOUVER CRUISERS AQUATICS
- Cheques <u>must</u> be submitted to the Meet Manager no later than 8:00am.
- Teams must submit one cheque only; no individual cheques will be accepted.
- Refund request for scratches received after the scratch deadline must be accompanied by a doctor's note.

ENTRIES:

- Swimmers are permitted to enter up to 6 individual events and 2 relay events.
- 200 Freestyle events may have entries limited depending on meet timelines. Should this occur, the meet manager will notify teams so that an alternate event can be selected.
- No Time "NT" entries will not be accepted.
- For swimmers with no time, coaches should provide custom time estimates.
- Meet entries must be submitted by email prior to the entry deadline.
- Submit final entries by **Friday, June 30**th **2023, 11:59 pm**, to George Kuan at georgek.meetentries@gmail.com

DECK ENTRIES

- Deck Entries are due 15 min after the start of the warm ups for each session.
- Deck Entries will be accepted at the discretion of the meet manager. The meet manager has
 discretion to not accept a deck entry should it result in the creation of a new heat and the meet
 timelines are tight.
- Deck Entries are exhibition only and not eligible for awards.
- For a swimmer to be deck entered, the coach must provide the swimmers BCSSA ID, as well as their correct date of birth and an eligible seed time for the event.

SCRATCHES:

- Email scratches by Tuesday, July 4th 2023, 11:59 pm to George Kuan at georgek.meetentries@gmail.com
- If you have scratches on the day of the meet, please submit them to the Clerk of the Course no later than 15 min after the start of the warm up for each session. Submitting your scratches helps us to run a fast meet. There will be no refunds for day of meet scratches.

RELAY CHANGES:

- For sessions 1 & 3, Relay Changes are due prior to finish of event 105 and 305.
- For sessions 2 & 4, Relay Changes are due 15 min after the start of the warm ups.
- Relay changes will not be permitted after the above deadlines.
- Please submit all relay changes on the appropriate BCSSA Relay Change Form.

ENTRY DEADLINES:

Entry Deadline: Friday June 30th 11:59 pm
 Scratch Deadline: Tuesday July 4th 11:59 pm

• Relay Changes (Session 1 & 3): Prior to finish of event 105 and 305

Relay Changes (Session 2 & 4):
 15 min after Start of Warm Up

Deck Entries:
 15 min after Start of Warm Up

SESSION 1 Saturday Morning, July 8 th , 2023			
Girls	JUNIOR INDIVIDUAL EVENTS	Boys	
100 (Mixed)	6 & Under 25 Freestyle (Mixed)	100 (Mixed)	
101	Div 1 - 100 IM	102	
103	Div 2 - 100 IM	104	
105	Div 3 - 100 IM	106	
107	O Cat 01 - 100 IM	108	
110 (Mixed)	6 & Under 25 Dolphin Kick (Mixed)	110 (Mixed)	
111	Div 1 - 50 Freestyle	112	
113	Div 2 - 50 Freestyle	114	
115	Div 3 - 50 Freestyle	116	
117	O Cat 01 - 50 Free	118	
119	Div 1 - 25 Butterfly	120	
121	Div 2 - 50 Butterfly	122	
123	Div 3 - 50 Butterfly	124	
125	O Cat 01 - 50 Butterfly	126	
Girls	JUNIOR RELAYS	Boys	
127	Div 1 - 200 Medley Relay	128	
129	Div 2 - 200 Medley Relay	130	
131	Div 3 - 200 Medley Relay	132	
133	O Cat 01 - 200 Medley Relay	134	

SESSION 2 Saturday Afternoon, July 8 th , 2023			
Girls	SENIOR RELAYS	Boys	
201	Div 4 - 200 Medley Relay	202	
203	Div 5 - 200 Medley Relay	204	
205	Div 6 - 200 Medley Relay	206	
207	O Cat 02 – 200 Medley Relay	208	
209	Div 7 - 200 Medley Relay	210	
211	O Cat 08 - 200 Medley Relay	212	
Girls	SENIOR INDIVIDUAL EVENTS	Boys	
213	Div 4 - 200 IM	214	
215	Div 5 - 200 IM	216	
217	Div 6 - 200 IM	218	
219	O Cat 02 - 200 IM	220	
221	Div 7 - 200 IM	222	
223	O Cat 08 - 200 IM	224	
225	Div 4 - 50 Freestyle	226	
227	Div 5 - 50 Freestyle	228	
229	Div 6 - 50 Freestyle	230	
231	O Cat 02 - 50 Freestyle	232	
233	Div 7 - 50 Freestyle	234	
235	O Cat 08 - 50 Freestyle	236	
237	Div 4 - 50 Butterfly	238	
239	Div 5 - 50 Butterfly	240	
241	Div 6 - 50 Butterfly	242	
243	O Cat 02 - 50 Butterfly	244	
245	Div 7 - 50 Butterfly	246	
247	O Cat 08 - 50 Butterfly	248	
249	Div 4-7 & O2 & O8 - 200 Freestyle	250	

SESSION 3 Sunday Morning, July 9 th , 2023			
Girls	JUNIOR INDIVIDUAL EVENTS	Boys	
300 (Mixed)	6 & Under 25 Backstroke (Mixed)	300 (Mixed)	
301	Div 1 - 50 Backstroke	302	
303	Div 2 - 50 Backstroke	304	
305	Div 3 - 50 Backstroke	306	
307	O Cat 01 - 50 Backstroke	308	
309	Div 1 - 50 Breaststroke	310	
311	Div 2 - 50 Breaststroke	312	
313	Div 3 - 50 Breaststroke	314	
315	O Cat 01 - 50 Breaststroke	316	
317	Div 1 - 100 Freestyle	318	
319	Div 2 - 100 Freestyle	320	
321	Div 3 - 100 Freestyle	322	
323	O Cat 01 - 100 Freestyle	324	
Mixed	JUNIOR RELAYS	Mixed	
325	Div 1 - 200 Freestyle Relay (Mixed)	325	
326	Div 2 - 200 Freestyle Relay (Mixed)	326	
327	Div 3 - 200 Freestyle Relay (Mixed)	327	
338	O Cat 01 - 200 Freestyle Relay (Mixed)	328	

SESSION 4 Sunday Afternoon, July 9th, 2023			
Mixed	SENIOR RELAYS	Mixed	
401	Div 4 - 200 Freestyle Relay (Mixed)	401	
402	Div 5 - 200 Freestyle Relay (Mixed)	402	
403	Div 6 - 200 Freestyle Relay (Mixed)	403	
404	O Cat 02 – 200 Freestyle Relay (Mixed)	404	
405	Div 7 - 200 Freestyle Relay (Mixed)	405	
406	O Cat 08 - 200 Freestyle Relay (Mixed)	406	
Girls	SENIOR INDIVIDUAL EVENTS	Boys	
407	Div 5 - 100 Butterfly	408	
409	Div 6 - 100 Butterfly	410	
411	O Cat 02 Butterfly	412	
413	Div 7 - 100 Butterfly	414	
415	O Cat 08 - 100 Butterfly	416	
417	Div 4 - 100 Backstroke	418	
419	Div 5 - 100 Backstroke	420	
421	Div 6 - 100 Backstroke	422	
423	O Cat 02 - 100 Backstroke	424	
425	Div 7 - 100 Backstroke	426	
427	O Cat 08 - 100 Backstroke	428	
429	Div 4 - 100 Breaststroke	430	
431	Div 5 - 100 Breaststroke	432	
433	Div 6 - 100 Breaststroke	434	
435	O Cat 02 Breastroke	436	
437	Div 7 - 100 Breaststroke	438	
439	O Cat 08 - 100 Breaststroke	440	
441	Div 4 - 100 Freestyle	442	
443	Div 5 - 100 Freestyle	444	
445	Div 6 - 100 Freestyle	446	
447	O Cat 02 Freestyle	448	
449	Div 7 - 100 Freestyle	450	
451	O Cat 08 - 100 Freestyle	452	

Session: 1 Saturday Morning, July 8th, 2023
Day of Meet: 1 Starts at 08:00 AM Heat Interval: 5 Seconds / Back +10 Seconds

Round		Event	Entries	Heats	Starts at	Actual
Finals	100	Mixed 25 Freestyle 6 & Under	0	0	08:00 AM	NA
Finals		Girls 100 IM Div 1	0	0	08:00 AM	NA
Finals	102	Boys 100 IM Div 1	0	0	08:00 AM	NA
Finals	103	Girls 100 IM Div 2	0	0	08:00 AM	NA
Finals	104	Boys 100 IM Div 2	0	0	08:00 AM	NA
Finals	105	Girls 100 IM Div 3	0	0	08:00 AM	NA
Finals	106	Boys 100 IM Div 3	0	0	08:00 AM	NA
Finals	107	Girls 100 IM Ocat 1	0	0	08:00 AM	NA
Finals	108	Boys 100 IM Ocat 1	0	0	08:00 AM	NA
Finals	110	Mixed 25 Dolphin Kick - 6 & U	0	0	08:00 AM	NA
Finals	111	Girls 50 Freestyle Div 1	0	0	08:00 AM	NA
Finals	112	Boys 50 Freestyle Div 1	0	0	08:00 AM	NA
Finals	113	Girls 50 Freestyle Div 2	0	0	08:00 AM	NA
Finals	114	Boys 50 Freestyle Div 2	0	0	08:00 AM	NA
Finals	115	Girls 50 Freestyle Div 3	0	0	08:00 AM	NA
Finals	116	Boys 50 Freestyle Div 3	0	0	08:00 AM	NA
Finals	117	Girls 50 Freestyle Ocat 1	0	0	08:00 AM	NA
Finals	118	Boys 50 Freestyle Ocat 1	0	0	08:00 AM	NA
Finals	119	Girls 25 Butterfly Div 1	0	0	08:00 AM	NA
Finals	120	Boys 25 Butterfly Div 1	0	0	08:00 AM	NA
Finals	121	Girls 50 Butterfly Div 2	0	0	08:00 AM	NA
Finals	122	Boys 50 Butterfly Div 2	0	0	08:00 AM	NA
Finals	123	Girls 50 Butterfly Div 3	0	0	08:00 AM	NA
Finals	124	Boys 50 Butterfly Div 3	0	0	08:00 AM	NA
Finals	125	Girls 50 Butterfly Ocat 1	0	0	08:00 AM	NA
Finals	126	Boys 50 Butterfly Ocat 1	0	0	08:00 AM	NA
Finals	127	Girls Div 1 200 Medley Relay	0	0	08:00 AM	NA
Finals	128	Boys Div 1 200 Medley Relay	0	0	08:00 AM	NA
Finals	129	Girls Div 2 200 Medley Relay	0	0	08:00 AM	NA
Finals	130	Boys Div 2 200 Medley Relay	0	0	08:00 AM	NA
Finals	131	Girls Div 3 200 Medley Relay	0	0	08:00 AM	NA
Finals	132	Boys Div 3 200 Medley Relay	0	0	08:00 AM	NA
Finals	133	Girls "O" Cat 1 200 Medley Relay	0	0	08:00 AM	NA
Finals	134	Boys "O" Cat 1 200 Medley Relay	0	0	08:00 AM	NA
		Finish Time			08:00 AM	e08:00 AM

Session: 2 Saturday Afternoon, July 8th, 2023
Day of Meet: 1 Starts at 02:00 PM Heat Interval: 5 Seconds / Back +10 Seconds

Round		Event	Entries	Heats	Starts at	Actual
Finals	201	Girls Div 4 200 Medley Relay	0	0	02:00 PM	NA
Finals	202	Boys Div 4 200 Medley Relay	0	0	02:00 PM	NA
Finals	203	Girls Div 5 200 Medley Relay	0	0	02:00 PM	NA
Finals	204	Boys Div 5 200 Medley Relay	0	0	02:00 PM	NA
Finals	205	Girls Div 6 200 Medley Relay	0	0	02:00 PM	NA
Finals	206	Boys Div 6 200 Medley Relay	0	0	02:00 PM	NA
Finals	207	Girls "O" Cat 2 200 Medley Relay	0	0	02:00 PM	NA
Finals	208	Boys "O" Cat 2 200 Medley Relay	0	0	02:00 PM	NA
Finals	209	Girls Div 7 200 Medley Relay	0	0	02:00 PM	NA
Finals	210	Boys Div 7 200 Medley Relay	0	0	02:00 PM	NA
Finals	211	Girls "O" Cat Div 8 200 Medley Relay	0	0	02:00 PM	NA
Finals	212	Boys "O" Cat Div 8 200 Medley Relay	0	0	02:00 PM	NA
Finals	213	Girls 200 IM Div 4	0	0	02:00 PM	NA
Finals	214	Boys 200 IM Div 4	0	0	02:00 PM	NA
Finals	215	Girls 200 IM Div 5	0	0	02:00 PM	NA
Finals	216	Boys 200 IM Div 5	0	0	02:00 PM	NA
Finals	217	Girls 200 IM Div 6	0	0	02:00 PM	NA
Finals	218	Boys 200 IM Div 6	0	0	02:00 PM	NA
Finals	219	Girls 200 IM Ocat 2	0	0	02:00 PM	NA
Finals	220	Boys 200 IM Ocat 2	0	0	02:00 PM	NA
Finals		Girls 200 IM Div 7	0	0	02:00 PM	NA
Finals	222	Boys 200 IM Div 7	0	0	02:00 PM	NA
Finals		Girls 200 IM Ocat 8	0	0	02:00 PM	NA
Finals	224	Boys 200 IM Ocat 8	0	0	02:00 PM	NA
Finals		Girls 50 Freestyle Div 4	0	0	02:00 PM	NA
Finals		Boys 50 Freestyle Div 4	0	0	02:00 PM	NA
Finals		Girls 50 Freestyle Div 5	0	0	02:00 PM	NA
Finals		Boys 50 Freestyle Div 5	0	0	02:00 PM	NA
Finals		Girls 50 Freestyle Div 6	0	0	02:00 PM	NA
Finals		Boys 50 Freestyle Div 6	0	0	02:00 PM	NA
Finals		Girls 50 Freestyle Ocat 2	0	0	02:00 PM	NA
Finals		Boys 50 Freestyle Ocat 2	0	0	02:00 PM	NA
Finals		Girls 50 Freestyle Div 7	0	0	02:00 PM	NA
Finals		Boys 50 Freestyle Div 7	0	0	02:00 PM	NA
Finals		Girls 50 Freestyle Ocat 8	0	0	02:00 PM	NA
Finals		Boys 50 Freestyle Ocat 8	0	0	02:00 PM	NA
Finals		Girls 50 Butterfly Div 4	0	0	02:00 PM	NA
Finals		Boys 50 Butterfly Div 4	0	0	02:00 PM	NA
Finals		Girls 50 Butterfly Div 5	0	0	02:00 PM	NA
Finals		Boys 50 Butterfly Div 5	0	0	02:00 PM	NA
Finals		Girls 50 Butterfly Div 6	0	0	02:00 PM	NA
Finals		Boys 50 Butterfly Div 6	0	0	02:00 PM	NA
Finals		Girls 50 Butterfly Ocat 2	0	0	02:00 PM	NA
Finals		Boys 50 Butterfly Ocat 2	0	0	02:00 PM	NA
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Session: 2 Saturday Afternoon, July 8th, 2023
Day of Meet: 1 Starts at 02:00 PM Heat Interval: 5 Seconds / Back +10 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	245 Girls 50 Butterfly Div 7	0	0	02:00 PM	NA
Finals	246 Boys 50 Butterfly Div 7	0	0	02:00 PM	NA
Finals	247 Girls 50 Butterfly Ocat 8	0	0	02:00 PM	NA
Finals	248 Boys 50 Butterfly Ocat 8	0	0	02:00 PM	NA
Finals	249 Girls 200 Freestyle Div 4-7, 02, 08	0	0	02:00 PM	NA
Finals	250 Boys 200 Freestyle Div 4-7, 02, 08	0	0	02:00 PM	NA
	Finish Time			02:00 PM	e02:00 PM

Session: 3 Sunday Morning, July 9th, 2023

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 5 Seconds / Back +10 Seconds

Round		Event	Entries	Heats	Starts at	Actual
Finals	300	Mixed 25 Backstroke 6 & Under	0	0	08:00 AM	NA
Finals	301	Girls 50 Backstroke Div 1	0	0	08:00 AM	NA
Finals	302	Boys 50 Backstroke Div 1	0	0	08:00 AM	NA
Finals	303	Girls 50 Backstroke Div 2	0	0	08:00 AM	NA
Finals	304	Boys 50 Backstroke Div 2	0	0	08:00 AM	NA
Finals	305	Girls 50 Backstroke Div 3	0	0	08:00 AM	NA
Finals	306	Boys 50 Backstroke Div 3	0	0	08:00 AM	NA
Finals	307	Girls 50 Backstroke Ocat 1	0	0	08:00 AM	NA
Finals	308	Boys 50 Backstroke Ocat 1	0	0	08:00 AM	NA
Finals	309	Girls 50 Breaststroke Div 1	0	0	08:00 AM	NA
Finals	310	Boys 50 Breaststroke Div 1	0	0	08:00 AM	NA
Finals	311	Girls 50 Breaststroke Div 2	0	0	08:00 AM	NA
Finals	312	Boys 50 Breaststroke Div 2	0	0	08:00 AM	NA
Finals	313	Girls 50 Breaststroke Div 3	0	0	08:00 AM	NA
Finals	314	Boys 50 Breaststroke Div 3	0	0	08:00 AM	NA
Finals	315	Girls 50 Breaststroke Ocat 1	0	0	08:00 AM	NA
Finals	316	Boys 50 Breaststroke Ocat 1	0	0	08:00 AM	NA
Finals		Girls 100 Freestyle Div 1	0	0	08:00 AM	NA
Finals	318	Boys 100 Freestyle Div 1	0	0	08:00 AM	NA
Finals	319	Girls 100 Freestyle Div 2	0	0	08:00 AM	NA
Finals	320	Boys 100 Freestyle Div 2	0	0	08:00 AM	NA
Finals	321	Girls 100 Freestyle Div 3	0	0	08:00 AM	NA
Finals	322	Boys 100 Freestyle Div 3	0	0	08:00 AM	NA
Finals	323	Girls 100 Freestyle Ocat 1	0	0	08:00 AM	NA
Finals	324	Boys 100 Freestyle Ocat 1	0	0	08:00 AM	NA
Finals	325	Mixed Div 1 200 Medley Relay	0	0	08:00 AM	NA
Finals	326	Mixed Div 2 200 Medley Relay	0	0	08:00 AM	NA
Finals	327	Mixed Div 3 200 Medley Relay	0	0	08:00 AM	NA
Finals	328	Mixed "O" Cat 1 200 Medley Relay	0	0	08:00 AM	NA
		Finish Time			08:00 AM	e08:00 AM

Session: 4 Sunday Afternoon, July 9th, 2023
Day of Meet: 2 Starts at 02:00 PM Heat Interval: 5 Seconds / Back +10 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals 401	Mixed Div 4 200 Medley Relay	0	0	02:00 PM	NA
	Mixed Div 5 200 Medley Relay	0	0	02:00 PM	NA
	Mixed Div 6 200 Medley Relay	0	0	02:00 PM	NA
	Mixed "O" Cat 2 200 Medley Relay	0	0	02:00 PM	NA
	Mixed Div 7 200 Medley Relay	0	0	02:00 PM	NA
	Mixed "O" Cat Div 8 200 Medley Relay	0	0	02:00 PM	NA
	Girls 100 Butterfly Div 5	0	0	02:00 PM	NA
Finals 408	B Boys 100 Butterfly Div 5	0	0	02:00 PM	NA
Finals 409	Girls 100 Butterfly Div 6	0	0	02:00 PM	NA
Finals 410	Boys 100 Butterfly Div 6	0	0	02:00 PM	NA
Finals 411	Girls 100 Butterfly Ocat 2	0	0	02:00 PM	NA
Finals 412	Boys 100 Butterfly Ocat 2	0	0	02:00 PM	NA
Finals 413	Girls 100 Butterfly Div 7	0	0	02:00 PM	NA
Finals 414	Boys 100 Butterfly Div 7	0	0	02:00 PM	NA
	Girls 100 Butterfly Ocat 8	0	0	02:00 PM	NA
Finals 416	Boys 100 Butterfly Ocat 8	0	0	02:00 PM	NA
Finals 417	Girls 100 Backstroke Div 4	0	0	02:00 PM	NA
Finals 418	Boys 100 Backstroke Div 4	0	0	02:00 PM	NA
Finals 419	Girls 100 Backstroke Div 5	0	0	02:00 PM	NA
Finals 420	Boys 100 Backstroke Div 5	0	0	02:00 PM	NA
Finals 421	Girls 100 Backstroke Div 6	0	0	02:00 PM	NA
Finals 422	Boys 100 Backstroke Div 6	0	0	02:00 PM	NA
Finals 423	Girls 100 Backstroke Ocat 2	0	0	02:00 PM	NA
Finals 424	Boys 100 Backstroke Ocat 2	0	0	02:00 PM	NA
Finals 425	Girls 100 Backstroke Div 7	0	0	02:00 PM	NA
Finals 426	Boys 100 Backstroke Div 7	0	0	02:00 PM	NA
Finals 427	Girls 100 Backstroke Ocat 8	0	0	02:00 PM	NA
Finals 428	Boys 100 Backstroke Ocat 8	0	0	02:00 PM	NA
Finals 429	Girls 100 Breaststroke Div 4	0	0	02:00 PM	NA
Finals 430	Boys 100 Breaststroke Div 4	0	0	02:00 PM	NA
Finals 431	Girls 100 Breaststroke Div 5	0	0	02:00 PM	NA
Finals 432	Boys 100 Breaststroke Div 5	0	0	02:00 PM	NA
Finals 433	Girls 100 Breaststroke Div 6	0	0	02:00 PM	NA
Finals 434	Boys 100 Breaststroke Div 6	0	0	02:00 PM	NA
Finals 435	Girls 100 Breaststroke Ocat 2	0	0	02:00 PM	NA
Finals 436	Boys 100 Breaststroke Ocat 2	0	0	02:00 PM	NA
Finals 437	Girls 100 Breaststroke Div 7	0	0	02:00 PM	NA
Finals 438	B Boys 100 Breaststroke Div 7	0	0	02:00 PM	NA
Finals 439	Girls 100 Breaststroke Ocat 8	0	0	02:00 PM	NA
Finals 440	Boys 100 Breaststroke Ocat 8	0	0	02:00 PM	NA
	Girls 100 Freestyle Div 4	0	0	02:00 PM	NA
	Boys 100 Freestyle Div 4	0	0	02:00 PM	NA
	Girls 100 Freestyle Div 5	0	0	02:00 PM	NA
Finals 444	Boys 100 Freestyle Div 5	0	0	02:00 PM	NA

Session: 4 Sunday Afternoon, July 9th, 2023
Day of Meet: 2 Starts at 02:00 PM Heat Interval: 5 Seconds / Back +10 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	445 Girls 100 Freestyle Div 6	0	0	02:00 PM	NA
Finals	446 Boys 100 Freestyle Div 6	0	0	02:00 PM	NA
Finals	447 Girls 100 Freestyle Ocat 2	0	0	02:00 PM	NA
Finals	448 Boys 100 Freestyle Ocat 2	0	0	02:00 PM	NA
Finals	449 Girls 100 Freestyle Div 7	0	0	02:00 PM	NA
Finals	450 Boys 100 Freestyle Div 7	0	0	02:00 PM	NA
Finals	451 Girls 100 Freestyle Ocat 8	0	0	02:00 PM	NA
Finals	452 Boys 100 Freestyle Ocat 8	0	0	02:00 PM	NA
	Finish Time			02:00 PM	e02:00 PM