



VANCOUVER  
**VIKINGS**  
SWIM CLUB

## What to Expect at the Jewish Community Centre Pool (JCC) – Covid & Access Policies- April 27, 2022.

- Every swimmer, coach and parent volunteer **must take the Vikings Health Check included** below before coming to each practice.
- Every Vikings family should familiarize themselves with the Vikings Illness Policy located on the Vikings web site.
- Swimmers are allowed to bring in their own training equipment in a swim bag including goggles; kick board; water bottle; fins, and snorkel.
- **Swimmers are to enter through the rear southwest entrance of the facility which is accessible off the lane located along the southern property line running parallel to the surface parking lot of the facility. This rear entrance door opens directly into the pool. Be give yourself time on the first time to the pool to find the rear entrance. Please do NOT enter through the main facility door. Please see a picture below of where swimmers are to enter off the back lane. Please see ATTACHMENT 2 for the location of the rear entrance.**
- Swimmers are to come to **practice DRESSED to SWIM**, but can now use the change rooms quickly before they leave.
- **Swimmers are to come 15 minutes before the scheduled start time in order to do activation on the pool deck. For example, if the practice schedule says that the start time is 7:00 pm then the swimmers should be on deck to do activation at 6:45 pm.**
- **It is highly recommended by JCC Management that face masks be worn by swimmers as soon as they enter the JCC facility door until they are doing activation on the deck or are in the water.**
- Swimmers or coaches no longer need to physical distance on the POOL DECK, while in the WATER or outside.
- All families should familiarize themselves with the Vikings Illness policy contained on the Vikings Website.

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**Attachment 1: Vancouver Vikings Daily Check Health Questions – to be completed before coming to each practice. There is a zero tolerance for coming to practice sick**

1. Have you been experiencing any of the Covid19 symptoms such as a fever; chills; worsening chronic cough; extreme exhaustion or fatigue; loss of appetite; shortness of breath; a headache does not resolve in 24 hours with medication; loss of sense of smell or taste; diarrhea; and/or nausea & vomiting?
2. Are you waiting for Covid test results or have you been told to self isolate as per current PHO guidelines or direction?

*(If you answer “yes” to any part of this question, please Do NOT come to practice AND please complete the BC 19 Self Assessment Tool; and/or contact 8-1-1 and follow the recommendations provided).*

**Attachment 2: Access Location to the Swimming Pool at JCC**



Access to the pool at JCC is from the lane located along the south property line as shown with the white arrows. Parents can park in the JCC parking lot but the swimmers must go in the rear entrance and not the main entrance located off of the parking located where the X is shown.



This is what the rear entrance to the pool at the JCC looks like. Swimmers are to go in this access.



Swimmers and parents are NOT to go in this main access located off the surface parking lot.