



VANCOUVER  
**VIKINGS**  
SWIM CLUB

## What to Expect at UBC – Covid protocols

- Every swimmer, coach and any volunteers working at a particular practice must take an electronic Health Screen (BC COVID-19 Self Assessment Health Screen app) 24 hours before coming to practice.
- Swimmers are now allowed to bring in their own training equipment in a swim bag including goggles; kick board; fins, and snorkel.
- Swimmers are to come to **practice DRESSED to SWIM**.
- Swimmers are to meet their coach outside of the front entrance to the pool located at the southwest corner of the facility.
- Swimmers should arrive 20 minutes before the designated start time. Coaches will take attendance and conduct a second verbal health screen (ie. If the Viks schedule says 7pm, swimmers need to be there at 6:40 pm). Swimmers will be entering the facility “as a group” **10 minutes before their designated session start time**. Swimmers and Coaches need to put on **their face mask BEFORE entering the facility entrance**. As the group enters, the Coach will shout out “Vikings” to front desk staff. *(Please note this is a change of protocol from summer where swimmers could still enter 5 minutes beforehand and did not necessarily have to enter as one group. Please note too this is different than any other pool Viks are swimming at this Fall). UBC facility managers have been really clear that they will not let individual swimmers inside the pool after their group goes in 10 minutes before the designated start time).*
- Parents of children under 13 years old **MUST** walk their child to the entry door of the facility to meet their coach, because if the swimmer is late, UBC staff will not let the swimmer in and they won’t let the coach go out and get the swimmer. Unlike other pools, the entrance to the pool isn’t visible from the road. Once the swimmer has passed the verbal health screen from their coach and is with the group, parents are free to leave.
- Parents of children under 13 years old **MUST** walk in, & pick up their child at the exit door of the facility.
- No spectators are permitted in the facility. Swimmers will exit from the northwest door of the aquatic centre which is visibly located directly north of the facility entrance door.
- Once in the facility, with face masks on, swimmers need to walk with their coach to their designated practice pool. Swimmers are only allowed in the specific pool rented for their training slot. Unfortunately, swimmers cannot go in the recreation pool or hot tubs afterwards as those are not included in the rentals.
- Swimmers will need to take an on- deck cleansing shower before entering the pool.
- Swimmers no longer need to physical distance on the POOL DECK or while in the WATER.
- Swimmers do not have to wear face masks while actively participating on the field of play which is defined as the pool deck and in the water. Coaches must have face masks on at all times.
- The coach will let swimmers know where they should place their swim bags. There will no longer be designated bins like there were in summer. UBC asks that no bags be left on a designated walkway.
- Swimmers are to leave the facility with face mask on immediately after their session with a towel and/or clothes on top of their swim suits. Coaches will ensure that all swimmers have left the facility.
- Parents will be asked to come and pick up any swimmer who becomes ill during practice within 20 minutes.

- All families should familiarize themselves with the Vikings Health policies contained in the overall Vikings Return to Sport Plan on the Vikings Website.
- Any protocol questions or issues with the UBC Facility should not be given to UBC Aquatic staff but rather directly to [president@vancouvervikings.com](mailto:president@vancouvervikings.com)
- No Proof of Vaccine is not required at this time to enter the UBC Aquatics Centre as per the recent PHO directive.