



VANCOUVER
VIKINGS
SWIM CLUB

What to Expect at Lord Byng Pool (LB) – Covid protocols

- Every swimmer, coach and volunteer working at a particular practice must take an electronic Health Screen (BC COVID-19 Self Assessment Health Screen app) 24 hours before coming to practice.
- Swimmers are allowed to bring in their own training equipment in a swim bag including goggles; kick board; water bottle; fins, and snorkel.
- Swimmers are to come to **practice DRESSED to SWIM**.
- Swimmers are to meet their coach or parent volunteer outside of the main pool entrance door located on the most westerly side of the building.
- Swimmers should arrive 15 minutes before the designated start time. For example, if the designated schedule time is 7pm on the schedule, then swimmers should meet their coach or parent volunteer no later than 6:45 pm so that the coach has time to take attendance and conduct a health screen on each swimmer. Swimmers who arrive later than 5 minutes before the designated practice time will not be allowed into the practice.
- Face masks must be worn by swimmers as soon as they enter the facility door. Swimmers can only remove their masks while they are actively participating on the “field of play” which is defined now as the pool deck and in the water. Coaches need to continue wearing their face masks on the pool deck.
- Swimmers or coaches no longer need to physical distance on the POOL DECK, while in the WATER or outside.
- Parent volunteers are required at LB practices as per their health protocols and user group rental Agreements only when there are two Vikings practices scheduled “back to back”. In these cases, the parent volunteer will conduct the health screen as the coach will still be on the pool deck with the first practice group. Without a volunteer at the practice, the practice will be cancelled. The parent volunteer will also enter the facility and be there to assist the coach in the event of a swimmer becoming ill during practice by contacting the parent and ensuring that the child is safety picked up. The parent volunteer will also help the coach exit swimmers from the building. If a parent volunteer cannot make a practice that he/she signed up for the parent volunteer needs to contact the Vikings volunteer coordinator at volunteers@vikings.com to try and find a replacement so that the practice doesn’t need to be cancelled.
- Swimmers are to leave the facility with face mask on immediately after their session with a towel and/or clothes on top of their swim suits. Coaches will ensure that all swimmers have left the facility.
- Parents will be asked by the parent volunteer to come and pick up any swimmer who becomes ill during practice within 20 minutes.
- With the exception of the assigned parent volunteer, no spectators are allowed inside the facility as per our rental agreement.
- All families should familiarize themselves with the Vikings Health polices contained in the overall Vikings Return to Sport Plan on the Vikings Website. No proof of vaccine is required at this time as per the recent PHO directive.