

### Vancouver Vikings Pool Schedule July/August 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
July 29th	July 30th	July 31st	August 1st	August 2nd	August 3rd	August 4th
LB 7:30-9:00am 2 lanes JR	LB 7:30-9:00am 2 lanes JR	LB 7:30-9:00am 2 lanes MV2	LB 7:30-9:00am 2 lanes MV1	LB 7:30-9:00am 2 lanes INT2	<b>REGIONALS</b>	<b>REGIONALS</b>
SGS 7:00-8:30am whole pool SR1/SR2	SGS 7:00-8:30am whole pool SR2	SGS 7:00-8:30am whole pool SR1	SGS 7:00-8:30am whole pool SR2/INT1	SGS 7:00-8:30am whole pool SR1		
SGS 4:30-5:30pm whole pool INT1/INT2	SGS 4:30-5:30pm whole pool INT2/MV1	SGS 4:30-5:30pm whole pool INT2/JR	SGS 4:30-5:30pm whole pool INT2/JR	JCC 4:30-5:30pm 2 lanes MV2		
	SGS 5:30-6:30pm whole pool SR1/SR2	SGS 5:30-6:30pm whole pool INT1	SGS 5:30-6:30pm whole pool SR2	JCC 5:30-6:30pm 2 lanes MV1		
	SGS 6:30-7:30pm whole pool SR1/SR2	SGS 6:30-7:30pm whole pool SR1	SGS 6:30-7:30pm whole pool SR1	SGS 4:30-5:30pm whole pool INT1/INT2		
LB 5:00-6:00pm 2 lanes MV3	LB 5:00-6:00pm 2 lanes MV3	LB 5:00-6:00pm 2 lanes MV3	LB 5:00-6:00pm 2 lanes MV3	SGS 5:30-6:30pm whole pool SR2/JR		
<b>CARBS NIGHT</b> Caldecott Park 6-8:30pm	LB 6:00-7:00pm 2 lanes MV2	LB 6:00-7:00pm 2 lanes MV1	LB 6:00-7:00pm 2 lanes MV2	SGS 6:30-7:30pm whole pool SR1		
	UBC 7:00-8:00pm 4 lanes INT1	UBC 7:00-8:00pm 2 x 50m (Lanes 0 & 1) SR2	UBC 7:00-8:00pm 4 lanes INT1			

### Vancouver Vikings Pool Schedule August 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
August 5th	August 6th	August 7th	August 8th	August 9th	August 10th	August 11th
BC        DAY	LB 7:30-9:00am 2 lanes JR	LB 7:30-9:00am 2 lanes MV2	LB 7:30-9:00am 2 lanes MV1	LB 7:30-9:00am 2 lanes INT2	REGIONALS  PRACTICE	REGIONALS  PRACTICE
	SGS 7:00-8:30am whole pool SR2	SGS 7:00-8:30am whole pool SR1	SGS 7:00-8:30am whole pool SR2/INT1	SGS 7:00-8:30am whole pool SR1		
	SGS 4:30-5:30pm whole pool INT2/MV1	SGS 4:30-5:30pm whole pool INT2/JR	SGS 4:30-5:30pm whole pool INT2/JR	JCC 4:30-5:30pm 2 lanes MV2		
	SGS 5:30-6:30pm whole pool SR1/SR2	SGS 5:30-6:30pm whole pool INT1	SGS 5:30-6:30pm whole pool SR2	JCC 5:30-6:30pm 2 lanes MV1		
	SGS 6:30-7:30pm whole pool SR1/SR2	SGS 6:30-7:30pm whole pool SR1	SGS 6:30-7:30pm whole pool SR1	SGS 4:30-5:30pm whole pool INT1/INT2		
	LB 5:00-6:00pm 2 lanes MV3	LB 5:00-6:00pm 2 lanes MV3	LB 5:00-6:00pm 2 lanes MV3	SGS 5:30-6:30pm whole pool SR2/JR		
	LB 6:00-7:00pm 2 lanes MV2	LB 6:00-7:00pm 2 lanes MV1	LB 6:00-7:00pm 2 lanes MV2	SGS 6:30-7:30pm whole pool SR1		
	UBC 7:00-8:00pm 4 lanes INT1	UBC 7:00-8:00pm 2 x 50m (Lanes 0 & 1) SR2	UBC 7:00-8:00pm 4 lanes INT1			

### Vancouver Vikings Pool Schedule August 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
August 12th	August 13th	August 14th	August 15th	August 16th	August 17th	August 18th
LB 7:30-9:00am 2 lanes INT1	LB 7:30-9:00am 2 lanes JR	LB 7:30-9:00am 2 lanes MV2	REGIONALS  PRACTICE	PROVINCIALS	PROVINCIALS	PROVINCIALS
SGS 7:00-8:30am whole pool SR1/SR2	SGS 7:00-8:30am whole pool SR2	SGS 7:00-8:30am whole pool SR1/INT2				
SGS 4:30-5:30pm whole pool INT1/INT2	SGS 4:30-5:30pm whole pool INT2/MV1	SGS 4:30-5:30pm whole pool INT2/JR				
SGS 5:30-6:30pm whole pool JR/MV1	SGS 5:30-6:30pm whole pool SR1/SR2	SGS 5:30-6:30pm whole pool INT1				
SGS 6:30-7:30pm whole pool SR2	SGS 6:30-7:30pm whole pool SR1/SR2	SGS 6:30-7:30pm whole pool SR1				
LB 5:00-6:00pm 2 lanes MV3	LB 5:00-6:00pm 2 lanes MV3	LB 5:00-6:00pm 2 lanes MV3				
LB 6:00-7:00pm 2 lanes MV2	LB 6:00-7:00pm 2 lanes MV2	LB 6:00-7:00pm 2 lanes MV1				
UBC 7:00-8:00pm 2 x 50m (Lanes 8 & 9) SR1	UBC 7:00-8:00pm 4 lanes INT1	UBC 7:00-8:00pm 2 x 50m (Lanes 0 & 1) SR2				