

### Vancouver Vikings Pool Schedule August 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
July 30th	July 31st	August 1st	August 2nd	August 3rd	August 4th	August 5th
LB 7:30-9:00am 2 lanes INT1	LB 7:30-9:00am 2 lanes INT1	LB 7:30-9:00am 2 lanes INT2	LB 7:30-9:00am 2 lanes INT1	LB 7:30-9:00am 2 lanes MV1	REGIONALS	REGIONALS
SGS 7:00-8:30am whole pool SR2	SGS 7:00-8:30am whole pool SR1/SR2	SGS 7:00-8:30am whole pool SR1/JR	SGS 7:00-8:30am whole pool SR2	SGS 7:00-8:30am whole pool SR1/INT1		
SGS 4:30-5:30pm whole pool INT2/SR1	SGS 4:30-5:30pm whole pool SR2	SGS 4:30-5:30pm whole pool INT1/MV1	SGS 4:30-5:30pm whole pool SR1/SR2			
	SGS 5:30-6:30pm whole pool JR/MV1	SGS 5:30-6:30pm whole pool INT2/JR	SGS 5:30-6:30pm whole pool SR1/SR2			
		SGS 6:30-7:30pm whole pool SR1	SGS 6:30-7:30pm whole pool MV1/MV2			
LB 5:00-6:00pm 2 lanes SP	LB 5:00-6:00pm 2 lanes SP	LB 5:00-6:00pm 2 lanes SP	LB 5:00-6:00pm 2 lanes JR			
<b>CARBS NIGHT</b> Caldecott Park 6-8:30pm	LB 6:00-7:00pm 2 lanes MV2	LB 6:00-7:00pm 2 lanes MV2	LB 6:00-7:00pm 2 lanes SP			
	UBC 7:00-8:00pm 3 lanes INT2	UBC 6:00-7:00pm 2 x 50m SR2	UBC 7:00-8:00pm 3 lanes INT2			

### Vancouver Vikings Pool Schedule August 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
August 6th	August 7th	August 8th	August 9th	August 10th	August 11th	August 12th
BC        DAY	LB 7:30-9:00am 2 lanes INT1	LB 7:30-9:00am 2 lanes INT2	LB 7:30-9:00am 2 lanes INT1	LB 7:30-9:00am 2 lanes MV1	REGIONALS  PRACTICE	REGIONALS  PRACTICE
	SGS 7:00-8:30am whole pool SR1/SR2	SGS 7:00-8:30am whole pool SR1/JR	SGS 7:00-8:30am whole pool SR2	SGS 7:00-8:30am whole pool SR1/INT1		
	SGS 4:30-5:30pm whole pool SR2	SGS 4:30-5:30pm whole pool INT1/MV1	SGS 4:30-5:30pm whole pool SR1/SR2	JCC 4:00-5:00pm 2 lanes MV2		
	SGS 5:30-6:30pm whole pool JR/MV1	SGS 5:30-6:30pm whole pool INT2/JR	SGS 5:30-6:30pm whole pool SR1/SR2	JCC 5:00-6:00pm 2 lanes INT2		
		SGS 6:30-7:30pm whole pool SR1	SGS 6:30-7:30pm whole pool MV1/MV2	SGS 4:30-5:30pm whole pool SR1/JR		
	LB 5:00-6:00pm 2 lanes SP	LB 5:00-6:00pm 2 lanes SP	LB 5:00-6:00pm 2 lanes JR	SGS 5:30-6:30pm whole pool SR2/INT1		
	LB 6:00-7:00pm 2 lanes MV2	LB 6:00-7:00pm 2 lanes MV2	LB 6:00-7:00pm 2 lanes SP			
	UBC 7:00-8:00pm 3 lanes INT2	UBC 6:00-7:00pm 2 x 50m SR2	UBC 7:00-8:00pm 3 lanes INT2			

### Vancouver Vikings Pool Schedule August 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
August 13th	August 14th	August 15th	August 16th	August 17th	August 18th	August 19th
LB 7:30-9:00am 2 lanes INT1	LB 7:30-9:00am 2 lanes INT1	LB 7:30-9:00am 2 lanes INT2	REGIONALS  PRACTICE	PROVINCIALS	PROVINCIALS	PROVINCIALS
SGS 7:00-8:30am whole pool SR2	SGS 7:00-8:30am whole pool SR1/SR2	SGS 7:00-8:30am whole pool SR1/JR				
SGS 4:30-5:30pm whole pool INT2/JR	SGS 4:30-5:30pm whole pool SR2	SGS 4:30-5:30pm whole pool INT1/MV1				
SGS 5:30-6:30pm whole pool INT1/MV1	SGS 5:30-6:30pm whole pool JR/MV1	SGS 5:30-6:30pm whole pool INT2/JR				
SGS 6:30-7:30pm whole pool SR2		SGS 6:30-7:30pm whole pool SR1				
LB 5:00-6:00pm 2 lanes SP	LB 5:00-6:00pm 2 lanes SP	LB 5:00-6:00pm 2 lanes SP				
LB 6:00-7:00pm 2 lanes MV2	LB 6:00-7:00pm 2 lanes MV2	LB 6:00-7:00pm 2 lanes MV2				
UBC 6:00-7:00pm 2 x 50m SR1	UBC 7:00-8:00pm 3 lanes INT2	UBC 6:00-7:00pm 2 x 50m SR2				