

# NSWC Marlins Annual A/B Swim Meet

June 23<sup>rd</sup> & 24<sup>th</sup>, 2018



**Saturday June 23** - IM, 50 Free, Fly, Mixed Medley Relays

**Sunday June 24** - 50 Fly (D 5-8), 100 Free, Back, Breast, Mixed Freestyle Relays, Parent Relay

**ALL EVENTS ARE TIMED FINALS**

The Marlins are going green! Coaches, Parents, Swimmers - PLEASE BRING YOUR OWN REUSABLE COFFEE CUP/WATER BOTTLE! Help us reduce the waste!

***The NSWC Marlins would like to thank their sponsors for the 2018 swim season***

**big think**



**TRI BR**  **THERS**  
general contracting

**LOCATION** - **North Shore Winter Club:**  
1325 East Keith Road, North Vancouver, B.C. V7J 1J3  
Telephone: 604 985-4135 Fax: 604 985-1519

**DATE & TIME** - **Saturday June 23rd and Sunday June 24th, 2018**  
Warm-Ups: 6:10am, 6:40am, or 7:10am (**see section K**). At the discretion of the Meet Manager, warm ups may be moved to begin 1 hour later. Clubs and coaches will be notified in advance.

Timed Finals – meet will begin at 8:00 am SHARP each day. At the discretion of the Meet Manager the meet may begin at 9:00 am SHARP

**MEET MANAGERS** - **Andreas Aalhus**  
Email: [aaalhus@racmi.com](mailto:aaalhus@racmi.com)

**CHIEF MEET RECORDER** **Jeff Wong**  
Email: [j-wong@shaw.ca](mailto:j-wong@shaw.ca)  
Phone: 604 830-2339

**MEET REFEREE** – **Wade Bartok**  
Email: [wade@elitebodyshop.ca](mailto:wade@elitebodyshop.ca)

#### **A. FACILITIES**

- The North Shore Winter Club has a heated 25 metre, 6 lane outdoor pool.
- Please refer to the attached aerial map which provides a visual guide to the information noted below regarding parking, tenting and spectating.
- Access to and from the boys' and girls' washrooms only, located inside the club south of the pool area, will require that swimmers and other guests travel well marked routes through the club. **Any person found outside these areas will be asked to leave the club. There will be no exceptions.** Porta-potties for swimmers and guests will be located outside the chain link fence surrounding the pool area, at the southwest corner of the pool.
- Due to insurance requirements, the pool is totally enclosed by a chain link fence. Tents will not be allowed within this chain link fence area directly surrounding the pool. Pop-up tents may be placed on the grassy area south and east of the pool but **must be removed each day. Absolutely no tarps or tents with bottoms will be allowed on the grassy areas.**
- **Tenting / sleeping bags / sleeping pads are not allowed on the Tiki deck or Gym deck** (deck area located adjacent the gym area on south side of grassy area south of the pool). Any tents / sleeping bags / sleeping pads in these areas will have to be moved to another location.
- The Lynmouth Avenue, adjacent to the NSWC, will be blocked off. **Diagonal, not parallel, parking, is available in this area.** The grass adjacent Lynmouth and the cul-de-sac can be used for tenting. There will be access to the grassy area south of the pool for swimmers and spectators from a gated entrance off Lynmouth. **Access directly to the pool deck or marshaling area through this gate will not be allowed.**
- **No BBQs, Coleman stoves, rice cookers or cooking of any kind is allowed on club property.** There will be a food concession providing breakfast and lunch.

- The Tiki deck and grassy area to the east and south of the pool area are licensed areas. Due to liquor licensing rules **no outside food is allowed in these areas**. Children are not allowed on the Tiki deck after 5pm but may be on the adjacent grassy areas within the club boundaries.
- **Parking:** Visitors to the North Shore Winter Club **must** park in the underground lot or on the street. The main parking area is reserved for members and violators will be towed at their own expense. Neither NSWC nor the Marlins will be liable for damage to vehicles that results from towing. Please **park diagonally on the portion of Lynnmouth Ave** that is closed for our use during the event. NSWC Marlins volunteers will be directing traffic in the early morning to ensure that we can accommodate as much street parking as possible. It will be quite busy with lots of pedestrians. Please be respectful and heed the directions given by the volunteers.

## B. MEET FORMAT

- A/B meet for registered BCSSA members. Vancouver & District "A" Qualifying Times are included as an attachment at the end of this meet package.
- All heats swum as timed finals.
- The Clerk of the Course may combine heats and events at their discretion.
- Deck entries will NOT be accepted in the mornings of the meet given changes in technology usage this year. Please ensure that you have entries submitted per Section C below.
- Vancouver and District Region "A" cut-off times apply for divisions 1 through 4.
- No cut offs for Divisions 5 - 8.
- There will be a "6 and under" category for 25 meter freestyle, 25 meter back stroke, 25 meter kick and 25 meter breast stroke. Stroke violations will not result in disqualifications but coaches and swimmers are encouraged to comply with the Rules.
- The medley and freestyle relays are mixed events with each team composed of 2 boys and 2 girls (where possible; if a team cannot provide 2 boys and 2 girls for a medley relay, then the Coach shall advise the Clerk of the Course and/or Meet Manager and may use any combination of boys and girls) all of whom must be "S" swimmers except for Division 8 swimmers. **Each relay team must have at least one swimmer from the entered division.**
- Throughout the meet there will be "bell races", announced at random. "Bell race" winners can pick up a coupon for a free Booster Juice at the awards table located adjacent electronics on the west side of the pool. The coupons are only valid for use during the 2018 Marlins AB meet at the concession stand.
- The one start rule and all other BCSSA rules are in effect and will be strictly adhered to (save for stroke violations in the "6 and under" category).

## C. ENTRIES

- Entries must be submitted using Team Manager or Swim Manager by **Monday June 18<sup>th</sup>**. If using Swim Manager, please complete your entries carefully as you will not be limited to only entering your swimmers in the category they are registered in. This meet has "A" events and "B" events. Swimmers with a Vancouver & District "A" time **MUST** be entered in the "A" event. Any swimmer with an "A" time entered in a "B" event will be considered "Exhibition" and will not be included in the scoring. Please refer to the meet package and the attached Vancouver & District time standards for properly entering your swimmers.
- A team roster and contact information of the person responsible for the meet entries must be submitted along with your entries. Clubs using Team Manager, a roster can be exported out of Team Manager. If you are using Swim Manager, an Excel spreadsheet exported from Swim Manager **MUST**

include **first name, last name, birthdate, swimmer ID number, "S" or "O" category or division of athletes**. Events will be combined where possible but will be scored separately.

- Email all entries to Jeff Wong at [j-wong@shaw.ca](mailto:j-wong@shaw.ca). Jeff can be contacted at 604-830-2339 if you have any questions. Once entries have been received, you will get a confirmation email, if not please contact Jeff.
- Entrants may swim a maximum of six individual events and two relays (mixed medley and freestyle). All swimmers must be registered with BCSSA. No exhibition swims are allowed.
- For individual events, entrants must be entered in their age-appropriate division. Entrants will not be allowed to "swim up" in higher divisions for individual events. (6 & Under swimmers are technically in Division 1 and may be entered in either Division 1 events or in 6 & Under events. Please note however, that if a 6 & Under swimmer is entered in any Division 1 individual event, he/she must be entered as a Division 1 swimmer in all individual events and will not be allowed to enter any 6 & Under individual events.)
- **Non-refundable** meet entry fees are \$8.00 for each individual event; \$12.00 for each relay team.
- Cheques for meet entry fees are to be made payable to North Shore Winter Club.
- Cheques for meet entries may be delivered before the meet to the Meet Manager, or may be brought on the first day of the meet. Cheques brought on the first day of the meet must be delivered to the Clerk of the Course by no later than 7:00 am.

#### D. DECK ENTRIES

- There will be **NO DECK ENTRIES**

#### E. SCRATCHES

- Scratches are to be handed to the Clerk of Course by the coaches at the swim meet each morning by 7:00am. Please continue to hand in scratches throughout the day. Scratches must be in writing.

#### F. MARSHALLING (**NEW PROCEDURE**)

- All Relays will be marshalled
- Div 1 - 4 and O-Cat 1 individual heats will be marshalled
- Div 5 - 8 and O-Cat 2 individual heats will **NOT** be required to check in with the Clerk of the Course and will NOT be marshalled. All swimmers in this category will be assumed to be competing unless scratched before the start of the meet that day. Courtesy calls will still be made but it is the responsibility of the swimmer to ensure they are behind the blocks at the time of their races.

#### F. RESULTS

- Swimmer results will be calculated using two plunger times and one touch pad time. There will be one stopwatch time, but it will only be used if the electronic timing system fails.

#### G. POINTS

- Scoring is in accordance with section 10 of BCSSA rules of swimming (page 50): "Meets with no Consolation Finals shall be scored as follows: In 6 lanes 7-5-4-3-2-1 for individual events and double scores for relay events."

#### H. AWARDS

- Individual aggregate awards will be presented for Divisions 1 through 4 and O Cat 1, ribbons for 1<sup>st</sup> through 6<sup>th</sup> place will be presented. Individual aggregate awards will be presented for Divisions 1

through 4 and O-cat 1, for both "A" and "B" events. In the medley and freestyle relays, ribbons for first through third are awarded for Divisions 1- 6.

- Although "O" swimmers will swim in "S" events, there will be separate awards for "O" swimmers, based on their appropriate "O" categories.
- There are no team awards.

#### I. SPECIAL EVENTS – PARENT RELAY

- A parent relay will take place on Sunday afternoon. This is always a popular event. Mixed teams of eight swimmers (4 female and 4 male) will swim a 200 meter relay (25 meters each). Please have teams and names to the announcer's booth before 11:00am on Sunday.
- Due to NSWC insurance requirements, **all participants must sign both a registration form and waiver before the race.** These forms can be found at the end of this package.
- **Only parents of BCSSA members who are competing in the Marlins 2018 A/B meet are eligible for this relay. Each participant will to HAVE pay a \$5 BCSSA fee which will be remitted to BCSSA at the conclusion of the meet.**

#### J. OFFICIALS

- Each participating club must provide at least 2 timers and 1 recorder for each time slot of each day of the meet. Volunteer duties will be emailed to each club during the week preceding the meet.
- Each participating club must provide at least 3 stroke & turn officials and 1 senior official for each day of the meet.
- Sign up sheets for all officials will be posted in a prominent place poolside at 6:30 am on each day of the meet.
- An Officials' meeting will commence at 7:20 a.m. on each day of the meet.
- A Coaches' meeting will commence at 7:40 a.m. each day prior to the start of the meet.

**K. WARM-UP TIME ASSIGNMENTS\*** At the discretion of the Meet Manager, the meet may start 1 hour later. Clubs will be notified by June 22nd if there is a change in the start time.

|                          |                          |                         |
|--------------------------|--------------------------|-------------------------|
| <b>6:10 - Group Home</b> | <b>6:40 - Group Near</b> | <b>7:10 - Group Far</b> |
|--------------------------|--------------------------|-------------------------|

- Note: These are tentative warm up times and may be subject to change. The meet must start at 8 a.m. SHARP each day.
- The Meet Manager will confirm warm up times and will send these to each club approximately three days before the Meet.

#### L. SCHEDULE OF EVENTS

- The following schedule is for both days' events and will start at 8 a.m. SHARP each day. Clubs will be notified by June 22<sup>nd</sup> if the start time will be pushed from 8 a.m. to 9 a.m.

**SATURDAY JUNE 23, 2018**

| <b>GIRLS</b> | <b>CATEGORY</b>    | <b>EVENT</b>              | <b>BOYS</b> |
|--------------|--------------------|---------------------------|-------------|
| 1            | Division 1         | 100 IM                    | 2           |
| 3            | Division 1A        | 100 IM                    | 4           |
| 5            | Division 2         | 100 IM                    | 6           |
| 7            | Division 2A        | 100 IM                    | 8           |
| 9            | Division 3         | 100 IM                    | 10          |
| 11           | Division 3A        | 100 IM                    | 12          |
| 13           | O Cat 1            | 100 IM                    | 14          |
| 15           | Division 4         | 100 IM                    | 16          |
| 17           | Division 4A        | 100 IM                    | 18          |
| 19           | Division 5         | 100 IM                    | 20          |
| 21           | Division 6         | 100 IM                    | 22          |
| 23           | O Cat 2            | 100 IM                    | 24          |
| 25           | Division 7         | 100 IM                    | 26          |
| 27           | Division 8         | 100 IM                    | 28          |
| 29           | 6 & Under          | 25 Free                   | 30          |
| 31           | Division 1         | 50 Free                   | 32          |
| 33           | Division 1A        | 50 Free                   | 34          |
| 35           | Division 2         | 50 Free                   | 36          |
| 37           | Division 2A        | 50 Free                   | 38          |
| 39           | Division 3         | 50 Free                   | 40          |
| 41           | Division 3A        | 50 Free                   | 42          |
| 43           | O Cat 1            | 50 Free                   | 44          |
| 45           | Division 4         | 50 Free                   | 46          |
| 47           | Division 4A        | 50 Free                   | 48          |
| 49           | Division 5         | 50 Free                   | 50          |
| 51           | Division 6         | 50 Free                   | 52          |
| 53           | O Cat 2            | 50 Free                   | 54          |
| 55           | Division 7         | 50 Free                   | 56          |
| 57           | Division 8         | 50 Free                   | 58          |
| 59           | 6 & Under          | 25 Kick                   | 60          |
| 61           | Division 1         | 50 Fly                    | 62          |
| 63           | Division 1A        | 50 Fly                    | 64          |
| 65           | Division 2         | 50 Fly                    | 66          |
| 67           | Division 2A        | 50 Fly                    | 68          |
| 69           | Division 3         | 50 Fly                    | 70          |
| 71           | Division 3A        | 50 Fly                    | 72          |
| 73           | O Cat 1            | 50 Fly                    | 74          |
| 75           | Division 4         | 50 Fly                    | 76          |
| 77           | Division 4A        | 50 Fly                    | 78          |
| 79           | Division 5         | 100 Fly                   | 80          |
| 81           | Division 6         | 100 Fly                   | 82          |
| 83           | O Cat 2            | 100 Fly                   | 84          |
| 85           | Division 7         | 100 Fly                   | 86          |
| 87           | Division 8         | 100 Fly                   | 88          |
| 90           | Division 1         | 4 x 50 Mixed Medley Relay |             |
| 91           | Division 2         | 4 x 50 Mixed Medley Relay |             |
| 92           | Division 3         | 4 x 50 Mixed Medley Relay |             |
| 93           | Division 4         | 4 x 50 Mixed Medley Relay |             |
| 94           | Division 5         | 4 x 50 Mixed Medley Relay |             |
| 95           | Division 6, 7, & 8 | 4 x 50 Mixed Medley Relay |             |

**SUNDAY JUNE 24, 2018**

| <b>GIRLS</b>   | <b>CATEGORY</b>    | <b>EVENT</b>                 | <b>BOYS</b> |
|--|--------------------|------------------------------|-------------|
| 97   | Division 5         | 50 Fly                       | 98          |
| 99   | Division 6         | 50 Fly                       | 100         |
| 101  | O Cat 2            | 50 Fly                       | 102         |
| 103  | Division 7         | 50 Fly                       | 104         |
| 105  | Division 8         | 50 Fly                       | 106         |
| 107  | Division 1         | 100 Free                     | 108         |
| 109  | Division 1A        | 100 Free                     | 110         |
| 111  | Division 2         | 100 Free                     | 112         |
| 113  | Division 2A        | 100 Free                     | 114         |
| 115  | Division 3         | 100 Free                     | 116         |
| 117  | Division 3A        | 100 Free                     | 118         |
| 119  | O Cat 1            | 100 Free                     | 120         |
| 121  | Division 4         | 100 Free                     | 122         |
| 123  | Division 4A        | 100 Free                     | 124         |
| 125  | Division 5         | 100 Free                     | 126         |
| 127  | Division 6         | 100 Free                     | 128         |
| 129  | O Cat 2            | 100 Free                     | 130         |
| 131  | Division 7         | 100 Free                     | 132         |
| 133  | Division 8         | 100 Free                     | 134         |
| 135  | 6 & Under          | 25 Back                      | 136         |
| 137  | Division 1         | 50 Back                      | 138         |
| 139  | Division 1A        | 50 Back                      | 140         |
| 141  | Division 2         | 50 Back                      | 142         |
| 143  | Division 2A        | 50 Back                      | 144         |
| 145  | Division 3         | 50 Back                      | 146         |
| 147  | Division 3A        | 50 Back                      | 148         |
| 149  | O Cat 1            | 50 Back                      | 150         |
| 151  | Division 4         | 100 Back                     | 152         |
| 153  | Division 4A        | 100 Back                     | 154         |
| 155  | Division 5         | 100 Back                     | 156         |
| 157  | Division 6         | 100 Back                     | 158         |
| 159  | O Cat 2            | 100 Back                     | 160         |
| 161  | Division 7         | 100 Back                     | 162         |
| 163  | Division 8         | 100 Back                     | 164         |
| 165  | 6 & Under          | 25 Breast                    | 166         |
| 167  | Division 1         | 50 Breast                    | 168         |
| 169  | Division 1A        | 50 Breast                    | 170         |
| 171  | Division 2         | 50 Breast                    | 172         |
| 173  | Division 2A        | 50 Breast                    | 174         |
| 175  | Division 3         | 50 Breast                    | 176         |
| 177  | Division 3A        | 50 Breast                    | 178         |
| 179  | O Cat 1            | 50 Breast                    | 180         |
| <b>** PARENT RELAY **</b>  |                    |                              |             |
| (actual time of Parent Relay may change at discretion of the Meet Mgr) |                    |                              |             |
| 181  | Division 4         | 100 Breast                   | 182         |
| 183  | Division 4A        | 100 Breast                   | 184         |
| 185  | Division 5         | 100 Breast                   | 186         |
| 187  | Division 6         | 100 Breast                   | 188         |
| 189  | O Cat 2            | 100 Breast                   | 190         |
| 191  | Division 7         | 100 Breast                   | 192         |
| 193  | Division 8         | 100 Breast                   | 194         |
| 195  | Division 1         | 4 x 50 Mixed Freestyle Relay |             |
| 196  | Division 2         | 4 x 50 Mixed Freestyle Relay |             |
| 197  | Division 3         | 4 x 50 Mixed Freestyle Relay |             |
| 198  | Division 4         | 4 x 50 Mixed Freestyle Relay |             |
| 199  | Division 5         | 4 x 50 Mixed Freestyle Relay |             |
| 200  | Division 6, 7, & 8 | 4 x 50 Mixed Freestyle Relay |             |



## Appendix IIIA - 2018 BC CHAMPIONSHIPS QUALIFYING STANDARDS

Qualifying Standards are generally based on the average of 8th place in Heats for 2013-2017 inclusive.

Any swimmer who **equals or betters** the following times in the **FINALS** at a **2018** Regional Championship Meet automatically qualifies for the respective event at the BC Championships.

| DIV        | 50 FREE | 100IM    | 200IM   | 50 FLY | 100 FLY | 50 BR. | 100 BR. | 50 BACK | 100BACK | 100FREE |
|------------|---------|----------|---------|--------|---------|--------|---------|---------|---------|---------|
| <b>1G</b>  | :39.84  | 01:41.20 |         | :46.17 |         | :53.29 |         | :47.61  |         | 1:30.39 |
| <b>2G</b>  | :34.41  | 01:28.86 |         | :39.55 |         | :46.12 |         | :41.15  |         | 1:17.28 |
| <b>3G</b>  | :31.63  | 01:20.76 |         | :35.35 |         | :41.61 |         | :37.34  |         | 1:09.81 |
| <b>4G</b>  | :29.97  |          | 2:48.26 | :33.09 |         |        | 1:26.55 |         | 1:17.29 | 1:06.30 |
| <b>5G</b>  | :29.46  |          | 2:45.11 | :32.55 | 1:16.20 |        | 1:25.06 |         | 1:16.09 | 1:05.15 |
| <b>6G</b>  | :29.20  |          | 2:43.40 | :32.44 | 1:14.01 |        | 1:24.33 |         | 1:14.44 | 1:04.67 |
| <b>7G</b>  | :30.00  |          | 2:49.68 | :33.12 | 1:17.89 |        | 1:27.80 |         | 1:18.12 | 1:07.18 |
| <b>8G</b>  | :29.52  |          | 2:45.36 | :32.26 | 1:26.22 |        | 1:25.97 |         | 1:17.49 | 1:06.73 |
| <b>1B</b>  | :39.69  | 01:42.05 |         | :49.57 |         | :53.70 |         | :48.51  |         | 1:29.75 |
| <b>2B</b>  | :34.91  | 01:29.97 |         | :40.00 |         | :47.31 |         | :42.96  |         | 1:19.11 |
| <b>3B</b>  | :31.33  | 01:20.91 |         | :36.11 |         | :42.05 |         | :38.23  |         | 1:10.55 |
| <b>4B</b>  | :29.13  |          | 2:42.58 | :32.41 |         |        | 1:23.78 |         | 1:15.57 | 1:04.09 |
| <b>5B</b>  | :27.19  |          | 2:35.18 | :30.13 | 1:09.45 |        | 1:19.59 |         | 1:11.50 | 1:00.54 |
| <b>6B</b>  | :26.03  |          | 2:29.20 | :28.91 | 1:05.73 |        | 1:15.26 |         | 1:07.60 | :58.19  |
| <b>7B</b>  | :26.07  |          | 2:35.00 | :28.83 | 1:07.47 |        | 1:17.46 |         | 1:10.52 | :58.68  |
| <b>8B</b>  | :25.06  |          | 2:25.12 | :27.65 | 1:03.45 |        | 1:14.14 |         | 1:05.26 | :56.19  |
| <b>O1G</b> | :40.47  | 01:37.87 |         | :47.15 |         | :52.80 |         | :45.57  |         | 1:40.98 |
| <b>O2G</b> | :32.00  |          | 3:06.65 | :35.55 | 1:30.12 |        | 1:39.83 |         | 1:21.94 | 1:10.04 |
| <b>O1B</b> | :40.73  | 01:47.21 |         | :48.69 |         | :56.69 |         | :50.55  |         | 1:37.32 |
| <b>O2B</b> | :29.89  |          | 2:50.32 | :35.49 | 1:14.70 |        | 1:32.05 |         | 1:25.90 | 1:09.16 |



## APPENDIX

## Appendix III B 2018 BC CHAMPIONSHIPS QUALIFYING STANDARDS RELAY TEAMS

Qualifying Standards are generally based on the average of 3rd place in Heats for 2013-2017 inclusive.

Any relay team that **equals or betters** the following times in the **FINALS** at a 2018 Regional Championships Meet automatically qualifies for the respective event at the Provincial Championships.

| <i>DIV</i> | <b>200 MEDLEY</b> | <b>200 FREE</b> |
|------------|-------------------|-----------------|
| 1G         | 03:14.48          | 02:51.46        |
| 2G         | 02:45.39          | 02:24.23        |
| 3G         | 02:29.48          | 02:12.50        |
| 4G         | 02:19.11          | 02:05.70        |
| 5G         | 02:16.99          | 02:01.33        |
| 6G         | 02:14.73          | 01:59.74        |
| 7G         | 02:14.96          | 01:59.68        |
| 8G         | 02:12.28          | 01:58.54        |
| 1B         | 03:21.61          | 02:52.14        |
| 2B         | 02:47.77          | 02:26.38        |
| 3B         | 02:29.70          | 02:11.45        |
| 4B         | 02:18.18          | 02:00.84        |
| 5B         | 02:06.71          | 01:52.05        |
| 6B         | 02:00.13          | 01:45.98        |
| 7B         | 01:59.93          | 01:46.59        |
| 8B         | 01:55.28          | 01:42.61        |
| O1G        | 02:54.87          | 02:26.94        |
| O2G        | 02:25.58          | 02:09.92        |
| O1B        | 02:48.71          | 02:28.61        |
| O2B        | 02:50.18          | 02:22.89        |

**ALL PARTICIPANTS OF THE PARENT RELAY MUST DELIVER THIS SIGNED FORM TO CLERK OF THE COURSE PRIOR TO RACING**

**Release of Liability, Waiver of Claims, Assumption of Risks and Indemnity Agreement**

In consideration of the North Shore Winter Club (“NSWC”) allowing me entry to its facility and participate in the either the parent swim relay or the alumni swim relay or both at the NSWC on June 24, 2018, which is in no way associated with the BCSSA sanctioned swim competition hosted by the NSWC Marlins on June 23 and June 24, 2018.

I, \_\_\_\_\_, hereby agree as follows:

1. To waive any and all claims that I have or may have in the future against the NSWC or the BCSSA and their respective directors, officers, board members, employees, agents, representatives, volunteers, members, invitees, successors and assigns, insurers and sureties (collectively the “Releasees”) and to release the Releasees from any and all liability for any loss or damage or expense or injury, including death that I may suffer or that my next of kin may suffer from my participation in the parent or alumni relay due to any cause, act or omission whatsoever, including without limitation negligence, gross negligence, intentional misconduct, breach of contract, breach of any statutory duty or care or breach of any other duty of care on the part of the Releasees or any of them.
2. To hold harmless and indemnify the Releasees from any and all liability for any damage to property or the third parties that result from my participation in the parent swim relay.
3. This agreement shall ensure to be and effective upon my heirs, next of kin, executors, administrators and personal representatives, in the event of my death or incapacity.

I acknowledge and agree that swimming, including swimming in a relay event, is an inherently dangerous activity, filled with risks both foreseeable and unforeseen, and the intent of this agreement is to make clear that I fully accept all those risks myself, without any liability on the part of the Releasees therefore. By signing this Agreement, which I have read and understood, I am aware that I am waiving certain legal rights, which I or my heirs, next of kin, executors, administrators and representatives may have against the Releasees.

\_\_\_\_\_  
Signature of Witness

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Print Name Clearly

\_\_\_\_\_  
Print Name Clearly

Date: \_\_\_\_\_

Date: \_\_\_\_\_

**BC Summer Swimming Association**  
**Temporary "Parent Relay" Membership (Minimum Age: 19)**

Club Initials: \_\_\_\_\_ Region: \_\_\_\_\_

|                   |  |                    |  |
|-------------------|--|--------------------|--|
| <b>Last Name</b>  |  | <b>First Name</b>  |  |
| <b>Birth Date</b> |  | <b>Gender</b>      |  |
| <b>Address</b>    |  |                    |  |
| <b>City</b>       |  | <b>Postal Code</b> |  |
| <b>Home Phone</b> |  | <b>Other Phone</b> |  |
| <b>Email</b>      |  |                    |  |

What is the BCSSA ID of your registered BCSSA Athlete? \_\_\_\_\_

**Note:** Only parents of registered BCSSA athletes can register in this category.

Have you been registered in this "Parent Relay" Membership Category Before?    YES    NO

|   |
|---|
| <b>Medical information pertinent to registration:</b> |
|   |

|  |
|--|
| This temporary membership is only valid for one aquatic/swim meet. |
| Club Hosting Meet: _____ Date: _____                               |
| Meet Manager's Signature: _____                                    |

The BC Summer Swimming Association collects, uses and discloses your personal information for the purposes of verifying identity, registering swimmers, distributing BCSSA information, and fulfilling administrative and competitive functions of the aquatic programs within the BCSSA and its Member Clubs. It is a requirement of registration that the information be provided and, that it will only be used for the purposes indicated or purposes reasonable related. By your signature on this form you signify your consent to the collection, use and disclosure of your personal information to BCSSA and its Member Clubs in accordance with the BCSSA's Privacy Policy.

**I certify that the above information is correct to the best of my knowledge:**

**Signed:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Notes to Club Officer:**

1. The temporary "Parent Relay" membership is only valid for one swim meet, which the parent swims in.
2. A processing/insurance fee of \$5.00 is to be collected at the time of registration.
3. At the conclusion of the swim meet/event please mail this form and \$5.00 to the BCSSA Provincial Office within two days. **\*\*Clubs shall remit one cheque with all forms\*\***

